



NEW ZEALAND CHAMPS

# Event Schedule

Version 3 – 23 February 2023

Day 1			Day 2			Day 3			Day 4			Day 5		
Heats - Session 1			Heats - Session 3			Heats - Session 5			Heats - Session 7			Heats - Session 9		
Warm-Up: 8am - 9.55am Competition: 10.10am			Warm-Up: 8am - 9.55am Competition: 10.10am			Warm-Up: 8am - 9.55am Competition: 10.10am			Warm-Up: 8am - 9.55am Competition: 10.10am			Warm-Up: 8am - 9.55am Competition: 10.10am		
1	400m Individual Medley	M	7	100m Backstroke	M	17	400m Freestyle	M	27	100m Freestyle	M	34	800m Freestyle (TF)	F
101	50m Breaststroke - MC	F	8	100m Backstroke	F	111	400m Freestyle - MC	M	117	100m Freestyle - MC	M	35	200m Individual Medley	M
102	50m Breaststroke - MC	M	9	50m Butterfly	M	24	400m Freestyle	F	28	200m Backstroke	F	121	200m Individual Medley - MC	M
2	1500m Freestyle (TF)	F	107	50m Butterfly - MC	M	18	100m Butterfly	F	29	200m Backstroke	M	36	200m Individual Medley	F
103	150m Individual Medley - MC	M	10	50m Butterfly	F	112	100m Butterfly - MC	F	30	100m Freestyle	F	122	200m Individual Medley - MC	F
104	150m Individual Medley - MC	F	108	50m Butterfly - MC	F	19	200m Breaststroke	M	118	100m Freestyle - MC	F	37	1500m Freestyle (TF)	M
3	400m Individual Medley	F	11	200m Freestyle	M	20	200m Breaststroke	F	31	200m Butterfly	M	38	50m Breaststroke	M
105	100m Backstroke - MC	M	109	200m Freestyle - MC	M	21	50m Backstroke	M	32	200m Butterfly	F	39	50m Breaststroke	F
106	100m Backstroke - MC	F	12	100m Breaststroke	M	113	50m Backstroke - MC	M	119	100m Breaststroke - MC	M	40	50m Freestyle	M
4	800m Freestyle (TF)	M	13	100m Breaststroke	F	22	50m Backstroke	F	120	100m Breaststroke - MC	F	123	50m Freestyle - MC	M
			110	200m Freestyle - MC	F	114	50m Backstroke - MC	F				41	50m Freestyle	F
			14	200m Freestyle	F	23	100m Butterfly	M				124	50m Freestyle - MC	F
						115	100m Butterfly - MC	M						
						116	400m Freestyle - MC	F						

Day 1			Day 2			Day 3			Day 4			Day 5		
Finals - Session 2			Finals - Session 4			Finals - Session 6			Finals - Session 8			Finals - Session 10		
Warm-Up: 3.30pm - 5.20pm Opening Ceremony: 5.25pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm SNZ Awards Ceremony: 5.30pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm SNZ Awards Ceremony: 5.30pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm SNZ Awards Ceremony: 5.30pm Competition: 5.40pm			Warm-Up: 3.30pm - 5.25pm SNZ Awards Ceremony: 5.30pm Competition: 5.40pm		
201	4 x 100m Freestyle - MC	Mix	7	100m Backstroke	M	17	400m Freestyle	M	27	100m Freestyle	M	34	800m Freestyle (FTF)	F
1	400m Individual Medley	M	8	100m Backstroke	F	111	400m Freestyle - MC	M	117	100m Freestyle - MC	M	35	200m Individual Medley	M
101	50m Breaststroke - MC	F	9	50m Butterfly	M	24	400m Freestyle	F	28	200m Backstroke	F	121	200m Individual Medley - MC	M
102	50m Breaststroke - MC	M	107	50m Butterfly - MC	M	18	100m Butterfly	F	29	200m Backstroke	M	36	200m Individual Medley	F
2	1500m Freestyle (FTF)	F	10	50m Butterfly	F	112	100m Butterfly - MC	F	30	100m Freestyle	F	122	200m Individual Medley - MC	F
103	150m Individual Medley - MC	M	108	50m Butterfly - MC	F	19	200m Breaststroke	M	118	100m Freestyle - MC	F	37	1500m Freestyle (FTF)	M
104	150m Individual Medley - MC	F	11	200m Freestyle	M	20	200m Breaststroke	F	Medal Presentations (27 - 30, 117 - 118)			Medal Presentations (34 - 37, 121 - 122)		
Medal Presentations (1 - 2, 101 - 104)			109	200m Freestyle - MC	M	Medal Presentations (17 - 20, 24, 111 - 112)			31	200m Butterfly	M	38	50m Breaststroke	M
3	400m Individual Medley	F	401	4 x 50m Freestyle Legends Relay	Mix	21	50m Backstroke	M	32	200m Butterfly	F	39	50m Breaststroke	F
105	100m Backstroke - MC	M	Medal Presentations (7 - 11, 107 - 109)			113	50m Backstroke - MC	M	119	100m Breaststroke - MC	M	40	50m Freestyle	M
106	100m Backstroke - MC	F	12	100m Breaststroke	M	22	50m Backstroke	F	120	100m Breaststroke - MC	F	123	50m Freestyle - MC	M
4	800m Freestyle (FTF)	M	13	100m Breaststroke	F	114	50m Backstroke - MC	F	33	4 x 100m Freestyle Relay	Mix	41	50m Freestyle	F
5	4 x 100m Freestyle Relay	F	110	200m Freestyle - MC	F	23	100m Butterfly	M	Medal Presentations (31 - 33, 119 - 120)			124	50m Freestyle - MC	F
6	4 x 100m Freestyle Relay	M	14	200m Freestyle	F	115	100m Butterfly - MC	M				202	4 x 100m Medley Relay - MC	Mix
Medal Presentations (3 - 6, 105 - 106)			15	4 x 100m Medley Relay	M	116	400m Freestyle - MC	F				42	4 x 100m Medley Relay	Mix
			16	4 x 100m Medley Relay	F	25	4 x 200m Freestyle Relay	M				Medal Presentations (38 - 42, 123 - 124)		
			Medal Presentations (12 - 16, 110)			26	4 x 200m Freestyle Relay	F				Trophy Presentations		
						Medal Presentations (21 - 23, 25 - 26, 113 - 116)						Team Selection Announcement		

Please note: Women's 400m Freestyle moved to provide rest before 4 x 200m Freestyle Relay in the evening

